

University Interscholastic League
Region VIII - 5A Swimming & Diving Championships
February 3rd & 4th, 2023



Hosted by:
Corpus Christi Independent School District



Location: Corpus Christi ISD Natatorium, 3202 Cabaniss Parkway, Corpus Christi, TX 78415
Telephone #: 695-7680, Fax: 878-2335 E-Mail: Billy.Mclendon@ccisd.us

Facility: A 6 feet deep 8 lane 25-yard competition pool with an 8 lane 25-yard warm-up/cool-down pool. The water depth in the diving well is 14.5 ft. and we have 3 Dura-Flex 1 meter diving boards. We use Daktronics Timing System with touch pads and video board. This facility is on school district property, which means no tobacco products or alcohol of any kind will be allowed in or around the area, this includes the parking lot.

Spectators: Coaches & Parents, in an effort to make this meet more enjoyable for all, we will have a spectators seating only section and a participant seating only section. The spectators seating section will be the permanent bleachers on the right hand side of the facility and the participant seating section will be the portable bleachers on the left hand side of the facility. Coaches, please pass this information out to all of your parents and swimmers before the meet so we can eliminate any problems before they occur.

Liability: It is understood and agreed that the Corpus Christi Independent School District and all officials will be free from any and all liabilities or claims for damage arising by reason(s) of injury to anyone during the conduct of the meet or while traveling to or from the meet.

Meet

Behavior: It is expected that everyone attending this meet will respect the facilities and remember that they represent themselves as well as their respective school & team. Damage to the facility when proven will cause the offending team to be held accountable and liable for repairs. It may also result in expulsion from the meet.

Eligibility: All Athletes must be eligible under the University Interscholastic League guidelines as outlined in the UIL Swimming & Diving Manual.

Scoring: Standard 16 place scoring will be used.

Awards: Medals will be awarded to the top three finishers in each event and ribbons 4th – 8th place. A Regional Trophy will be presented to the top male and female teams.

Officials: All certified visiting officials are welcome. Officials must be registered with TISDO and have passed the yearly National Federation of High Schools Swimming & Diving test to officiate. Please contact the Meet Referee if there are officials in your area that will be able to help, it will be greatly appreciated.

Entries:

In order for participants to swim or dive in the Regional Meet they must be officially registered by the deadline. This means the coach must have the participant's full name, school affiliation and numerical grade level to the Regional Meet Director by the deadline. If you have a swimmer that is going to swim a relay at regionals and did not swim at the district meet you will need to email the Regional Meet Director the information above before the deadline so they can be added to the meet. Teams will not be able to show up the day of the meet and add individuals to the meet. If they are not in the system by the deadline they will not swim.

In UIL District & Regional Meets, a student may enter a maximum of 4 events with no more than 2 of these events being individual events. Each school may enter a maximum of 4 entries in an individual event and 1 team in a relay event. In relay events, only the swimmers that have been officially registered in the meet will be eligible to swim. The Meet Director will designate the time and place for the coaches to declare the 4 that will swim.

All competitors, once officially entered, shall compete in all races, heats and rounds of competition (excluding swim-offs and legally declared false starts) for which they qualify except when an illness or injury certified by a physician or the referee forces a competitor to withdraw. This applies to individual members of relay teams (not entire teams) as well as to competitors in individual events. A competitor may be reinstated by the referee in a later event after illness/injury if a physician or referee verifies recuperation.

Entry

Deadline:

All coaches, make sure you email the Regional Meet Director after your district meet and request a copy of your regional meet entries and fee report.

All District Meet Directors must email the Regional Meet Director a backup of your district meet as soon as your district meet is certified. Diving coaches, the deadline for diving entries is Sunday, January 29, 2023. Each coach is responsible for entering their own diving entries and you must enter them through **CLEAN ENTRIES** at www.cleanentries.com. Swimming coaches, the deadline for you to enter swimmers for relays or make changes is Tuesday, January 31, 2023. The Regional Meet Director will email the District Directors or the person designated by your district a PDF file showing what was received. If you don't receive this email or you have any problems with your entries, make sure you contact the Regional Meet Director ASAP. If the coaches from your district would like to receive a copy of their team's entries please copy them on the email to the Regional Meet Director.

Entry Fees:

\$15.00 per Athlete entered in the meet and \$15.00 per relay. Make Checks payable to CCISD and there are NO REFUNDS. Coaches, please wait until you receive a fee report from the Regional Meet Director before you commit to an amount from your school. Once the Regional Meet Director receives your entries from the District Meet Director he/she will calculate the amount you owe and send it back to him/her so they can get it to you along with your entries. If you don't receive that email please email the Regional Meet Director and request a copy.

Order of Events:

The swimming events and their order will follow the National Federation of State High School Associations 2022-23 Swimming & Diving Rules Book.

Warm-up

Procedures:

Corpus Christi Independent School District Safety Guidelines and Warm-up Procedures will be in effect during this meet. Please make sure you understand and follow these procedures, as they will be strictly enforced. **Please see Attachment A**

Meet Schedule:

Friday, February 3, 2023
Swimming Prelims and Diving Prelims & Finals

Prelim Warm-ups	10:00am, 10:30am & 11:00am
Clear the Pool	11:30am
Coaches Meeting	11:35am
Meet Start Time	12:00 Noon

Saturday, February 4, 2023
Swimming Finals

Prelims Warm-up	9:00am & 9:30am
Clear the Pool	10:00am
Coaches Meeting	10:05am
Meet Start Time	10:15am

Meet Administration:

The following list of officials has been provided to you to answer any questions you might have concerning this meet. If you have any questions about entries or need general meet info please call the Meet Director. If you have any questions about rules please call the Meet Referee. If you have any questions about the diving portion of this meet please call the Diving Coordinator

Meet Director:

Billy McLendon
3202 Cabaniss Parkway
Corpus Christi, TX 78415
Email: Billy.McLendon@ccisd.us
Phone: 361-695-7680
Cell: 361-533-4097

Meet Referee:

Lorna Anaya
Email: stasanctions@anayamedical.com

Diving Coordinator:

Trey Collins
3202 Cabaniss Parkway
Corpus Christi, TX 78415
Email: CharlesJoseph.Collins@ccisd.us
Phone: 361-695-7680
Cell: 361-834-3759
Fax: 361-878-2335

Corpus Christi Independent School Districts Safety Guidelines and Warm-up Procedures

I. Safety Guidelines

- A. Coaches are responsible for the following:
 - 1. Instructing Athletes regarding safety and warm-up procedures.
 - 2. Actively supervising their Athletes throughout the warm-up sessions.
 - 3. Maintaining as much contact with their Athletes as possible, both verbal and visual, throughout the warm-up period.
- B. The Meet Director shall be responsible for the following:
 - 1. Lifeguards, which have the authority to remove from the deck any athlete found to be in violation of these procedures for the remainder of the warm-up period.
 - 2. Providing lifeguards, who report to and receive instructions from the Meet Referee and/or Meet Director, on the deck during the entire warm-up period.
 - 3. Posting warm-up times and lane assignments at several locations around the facility.
 - 4. Providing an announcer for the warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-ups.
- C. Safety Considerations:
 - 1. Glass containers of any sort will not be permitted anywhere within the Natatorium.
 - 2. All athletes and coaches must observe announced, published and posted warm-up and general safety procedures and cautions.
 - 3. No competitor will be allowed in the instructional pool at any time.
 - 4. Horseplay in or around the pool will not be tolerated.
 - 5. Violators of the safety provisions are subject to disqualification from the meet and/or expulsion from the facility.
 - 6. No on-site shaving of any kind will be permitted.

II. Warm-up Procedures

- A. General Warm-up (first 20 minutes)
 - 1. All athletes will enter the water feet first.
 - 2. Warm-up lanes and times will be assigned to teams based on the number of entrants.
 - 3. There shall be no diving in the general warm-up lanes, circle swimming only.
- B. Final Warm-up (last 10 minutes)
 - 1. Sprint lanes are for diving from the blocks or for backstroke starts, one direction only.
 - 2. Dive sprints may be done only under the direct supervision of the coach.
 - 3. Backstrokers will ensure they are not starting at the same time as a swimmer is on the blocks. Swimmers shall not step up on the blocks if there is a backstroker in the water.
- C. Miscellaneous Notes
 - 1. Swimmers shall not jump or dive into the pool to stop another swimmer on a recall.
 - 2. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting during warm-ups.
 - 3. Warm-up procedures will be enforced for any breaks scheduled during the meet.
 - 4. No hand paddles, fins or kickboards may be used at any time during warm-ups.
 - 5. The Meet Director and/or Meet Referee may modify the time schedule or recommended lanes assignments depending on the number of swimmers.