

Last but not Least...SPEECH

- **FOOD: Let's Eat**
 - Make a Meal Train
 - Get Snacks
- **DOWNTIME: Unwind and Enjoy**
 - Let them talk and decompress
- **COMMUNICATE: Talk! Talk! Talk!**
 - Let everyone know the plan
- **FEEDBACK: Great WORK!**
 - Be Positive and Constructive
 - Make a Plan
- **PRACTICE: Ready, Set, Action**
 - Run Mock Contests
 - Focus attention
were needed
 - Group Brainstorm

