**University Interscholastic League**

**2023 Regional Track & Field Meet**

**April 28-29**

**Coaches Handbook**

**Region IV**

**Conference 2A & Conference 4A**

**TEXAS A&M UNIVERSITY- KINGSVILLE**

**PEPSI FIELD AT JAVELINA STADIUM**

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**2023 UIL REGIONAL TRACK & FIELD MEET**

**REGION IV**

**CONFERENCE 2A and CONFERENCE 4A**

**FRIDAY, APRIL 28 & SATURDAY, APRIL 29**

**TEXAS A&M UNIVERSITY- KINGSVILLE**

**PEPSI FIELD AT JAVELINA STADIUM**

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**REGIONAL MEET DIRECTORS**

David Brock, Athletic Operations, Texas A&M University-Kingsville, Track & Field

[david.brock@tamuk.edu](mailto:david.brock@tamuk.edu) Office: (361) 593-2500 Cell: (361) 246-7184

Ryan Dall, Head Men’s & Women’s Track & Field Coach, Texas A&M University-Kingsville [ryan.dall@tamuk.edu](mailto:ryan.dall@tamuk.edu) Office: (361) 593-2424

Ruben Cantu, Senior Associate Athletic Director, Texas A&M University-Kingsville [ruben.cantu@tamuk.edu](mailto:ruben.cantu@tamuk.edu) Office: (361) 593-2493

**GAMES COMMITTEE**: Randy Hughes, Sam Kana, David Vasquez, Jonny Hipp, Gene Kana

**STARTERS**: Bill Chancey, Benny Martinez, Mando Gomez

**REFEREES:** Omar de la Rosa, Allen Dews

**HEAD CLERK:** Jonny Hipp

**HEAD UMPIRE:** Melinda de la Rosa

**ANNOUNCER:** Ryan Smith

**HEAD OF APPEALS:** Randy Hughes, David Vasquez

**F.A.T. OPERATORS**: South Plains Area T&F Officials Association, Lubbock, Texas

**UIL T&F CONTACT:**  Joseph Garmon, jgarmon@uiltexas.org

**AREA TRACK & FIELD MEET DIRECTORS**

**Conference 4A** **School** **Conference 2A School**

Area 25-26 Bay City H.S. Area 25-26 Snook H.S.

Area 27-28 New Braunfels Canyon H.S. Area 27-28 Weimar H.S

Area 29-30 Floresville H.S. Area 29-30 Mason H.S.

Area 31-32 La Feria H.S. Area 31-32 Woodsboro H.S.

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**ENTRY PROCEDURES FOR THE REGIONAL TRACK & FIELD MEET**

Entries for the 2023 Regional T&F Meet will be submitted in **DIRECT ATHLETICS**.

**Each school is responsible for entering their qualified athletes in Direct Athletics.**

**Deadline for coaches to submit their entries: Monday, April 24, 2023 at 12:00 P.M.**

**INSTRUCTIONS FOR THE COACHES**

* Enter each qualifier’s Full First Name and Last Name – No initials or nicknames.
* Be sure to enter your athletes in correct gender, conference & in Region IV.
* Enter your athletes’ Official Performances from the **AREA T&F MEET.**

Do Not: Round-Off times/distances, or use athlete’s district or season’s best performance.

* Enter all times to the 1/100 of a second.
* Do not enter your athletes on Direct Athletics until you have received the

Official Area Track & Field Meet Results from your Area Meet Director.

* Direct Athletics will provide you a confirmation. If you do not receive a confirmation your athletes have not been entered in the Regional T&F Meet.
* **Check all of your school’s entries for complete accuracy.**

**Important:**

*The Area Meet Directors or the District Meet Directors will not enter your school’s qualifiers for the Regional Meet. Your athletes are* ***not entered*** *in the Regional Meet unless you submit them in Direct Athletics.*

**Verification of Entries**: Each entry made through Direct Athletics must correspond correctly with the Official Area T&F Meet Results sent to the Regional Meet Director

from each Area Meet Director. This includes Name, Event, Place, Time or Distance.

There can be no discrepancy between the entries you submit in Direct Athletics and the Official Area T&F Meet Results that we receive from the Area Meet Directors.

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**INSTRUCTIONS FOR THE AREA T&F MEET DIRECTORS**

Send the complete 2023 Area T&F Meet Results to:[david.brock@tamuk.edu](mailto:david.brock@tamuk.edu).

* Send Top Eight (8) finishers in each event.
* **NO TIES in any events, Places 1-6.**
* Submit FAT times only.
* Full First Name and Last Name. No initials or nicknames.
* Include any **wheelchair entries & results** from your Area Meet.
* Send the Official Meet Results to each school that participated in the Area Meet.
* **Note**: The Area Meet results we receive from each Area Meet Director are for verification purposes only. Each school is responsible for entering their school’s qualifiers for the Regional Meet in Direct Athletics.

2

**SUBSTITUTIONS**

**DEADLINE: TUESDAY, APRIL 25, 2023 at 10:00 A.M.**

**Procedures for submitting substitutes for the Regional T&F Meet**:

1. In the event a qualifying contestant will not be competing at the Regional Meet, then the alternate (5th place or next eligible finisher) is eligible to participate.
2. The coach or school administrator of alternates who move into qualifying positions will notify their Area T&F Meet Director to declare that their athlete will compete at the Regional T&F Meet.

\*Individual schools do not send their changes to the Regional Meet Director.

1. The Area T&F Meet Director will then notify the Regional T&F Meet Director of the substitution. (Scratch & Add)

**Area Meet Directors**:

**Use the form on page 12 - “Track & Field Substitute Certification Form.”**

1. The Regional Meet Director will confirm with the Area Meet Director that

the substitution has been received and the athlete is now entered in the Regional Meet.

1. Coaches do not need to send in changes of a Relay Team Member to the Area Meet Director. Declaration of Relay Team Members will be made when the Relay Cards are submitted at the Regional Meet.

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**Late Entries after the substitution deadline for the Regional Meet.**

* Late entriesclose on Friday, April 28 at 9:00 A.M.

* Late entry fees are $250.00 for each individual event & $250.00 for each relay team.

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**SCHEDULE OF EVENTS**

**2023 UIL REGION IV REGIONAL TRACK & FIELD MEET**

**CONFERENCE 2A & CONFERENCE 4A**

**Friday, April 28**

**8:00 am to 9:45 am***: Open Track for Practice Relay Exchanges – Conference 2A & Conference 4A*

**10:00 am: 3200 Meter Run – FINAL EVENT**

Order of Competition: 2A Girls then 4A Girls followed by 2A Boys then 4A Boys

**2A Running Prelims**  **4A Field Events**  Implement Weigh-In

**11:00 am** *4 x 100 relays report / uniform check* **10:30 am** Girls Pole Vault

*Relay Cards Due at Check-in Station*

**11:30 am** Girls Discus ---- *10:00 am-11:00 am*

Rolling Schedule Boys Triple Jump

**11:30 am**4 x 100 Meter Relay (Girls/Boys)

100 Meter Hurdles (Girls) **1:30 pm** Boys Discus ----*12:00 pm-1:00 pm*

110 Meter Hurdles (Boys) Boys Pole Vault

100 Meter Dash (Girls/Boys) Girls Triple Jump

4 x 200 Relay (Girls/Boys)

400 Meter Dash (Girls/Boys) **2:00 pm** Boys High Jump

300 Meter Hurdles (Girls/Boys)

200 Meter Dash (Girls/Boys) **4A Running Prelims**

*15 Minute Break after 200 m. Dash* ***Open Track at the conclusion of 2A Running Prelims***

4 x 400 Meter Relay (Girls/Boys) ***for 4A Practice Relay Exchanges***

**2A Field Events** Implement Weigh-In **5:00 pm** *4 x 100 Relays report / uniform check*

*Relay Cards Due at Check-In Station*

**4:30 pm** Boys Shot Put ----*3:00 pm-4:00 pm*

Boys Long Jump Rolling Schedule

Girls High Jump **5:30 pm** 4 x 100 Meter Relay (Girls/Boys)

100 Meter Hurdles (Girls)

**5:00 pm** Girls Pole Vault110 Meter Hurdles (Boys)

100 Meter Dash (Girls/Boys)

**6:30 pm** Girls Shot Put ---- *5:00 pm-6:00 pm* 4 x 200 Meter Relay (Girls/Boys)

Girls Long Jump 400 Meter Dash (Girls/Boys)

Boys High Jump300 Meter Hurdles (Girls/Boys)

200 Meter Dash (Girls/Boys)

*15 Minute Break after 200 m. Dash*

4 x 400 Meter Relay (Girls/Boys)

4

**SCHEDULE OF EVENTS**

**2023 UIL REGION IV REGIONAL TRACK & FIELD MEET**

**CONFERENCE 2A & CONFERENCE 4A**

**Saturday, April 29**

11:00 am to 3:00 pm*: Open Track for practice relay exchanges - Conference 2A & Conference 4A*

**FIELD EVENTS**

**2A Field Events** Implement Weigh-In **4A Field Events** Implement Weigh-In

**9:00 am** Boys Triple Jump  **10:00 am** Girls High Jump

**10:30 am** Girls Discus ---- *9:00 am-10:00 am* **10:30 am** Girls Shot Put ---- *9:00 am-10:00 am* **12:00 pm** Boys Pole Vault **11:00 am** Boys Long Jump

**12:00 pm** Girls Triple Jump **12:30 pm** Boys Shot Put ---- *11:00 am-12:00 pm*

**12:30 pm** Boys Discus ---- *11:00 am-12:00 pm* **1:00 pm** Girls Long Jump

**RUNNING FINALS**

**Order of Competition: 2A Girls; 4A Girls; followed by 2A Boys; 4A Boys**

3:00 pm *4 x 100 relay teams report / uniform check.*

*Relay cards for Running Finals due.*

**3:30 pm 4 x 100 Meter Relay**

**3:55 pm 800 Meter Run**

**4:25 pm 100 Meter Hurdles (Girls 2A/Girls 4A)**

**4:35 pm 110 Meter Hurdles (Boys 2A/Boys 4A)**

**4:50 pm 100 Meter Dash**

**5:15 pm 4 x 200 Meter Relay**

**5:45 pm 400 Meter Dash**

**6:10 pm 300 Meter Hurdles (Girls 2A/Girls 4A)**

**6:20 pm 300 Meter Hurdles (Boys 2A/Boys 4A)**

**6:35 pm 200 Meter Dash**

**6:50 pm 1600 Meter Run**

**7:30 pm 4 x 400 Meter Relay**

Awards to Team Champions following the 4 x 400 Relays

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**Coaches and Participants Information**

**ENTRY DEADLINES**

**Deadline for coaches to submit their entries in Direct Athletics:**

**MONDAY, APRIL 24, 2023 at 12:00 P.M.**

**Deadline for Substitutions:**

**TUESDAY, APRIL 25, 2023 at 10:00 A.M.**

**Deadline for Late Entries:**

**FRIDAY, APRIL 28 at 9:00 A.M.**

Late entry fees are $250.00 for each individual event and $250.00 for each relay team.

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**PACKET PICKUP & COACH’S MEETING**

**Packet Pickup: Thursday, April 27, 2023: From 5:00 p.m. to 6:30 p.m.**

**Coach’s Meeting: Thursday, April 27, 2023: 6:30 p.m. to 7:00 p.m.**

**Location: Steinke Center (Gym) on Avenue B; 1 Block South of Javelina Stadium.**

Each school needs to have a representative at this meeting who is capable of checking your school’s entries to insure complete accuracy.

Packets will include Heat & Lane Assignments, Field Event Entries, Schedule of Events,

Stadium Entry Passes and Relay Cards for the prelims.

**STADIUM ENTRANCE PASSES**

Coaches: Friday, April 28 = RED WRISTBAND (3 Included in each G & B Team’s Packet)

Saturday, April 29 = BLUE WRISTBAND (3 Included in each G & B Team’s Packet)

School Administrators:

Friday, April 28 = WHITE WRISTBAND (2 included in each G & B Team’s Packet)

Saturday, April 29 = GREEN WRISTBAND (2 included in each G & B Team’s Packet)

Coaches and school administrators displaying the above credentials use the **PASS GATE**

located on the East side (press box side) of the stadium. Signage will be displayed.

Competitors in uniform admitted into the stadium at the pass gate entrance.

**PARKING**

**School Buses** park on the East Side (Press Box Side) of Javelina Stadium on the grass lot immediately outside the stadium’s main entrance gate.

Team Drop-Off Location: East Side (Press Box side) of Stadium, near the Pass Gate Entrance.

**TEAM CAMPS:**

* Set up along the fence in the grass area on the outside of the warm up field.
* **Do not set up your team’s camp under the stadium bleachers.**
* Canopy-like structures are permitted at the top levels of the West Side stadium bleachers.

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**MEET PROCEDURES:**

The 800 m. Run; 1600 m. Run; and 3200 m. Run are Finals only. No prelims.

Two Waterfall Alley Start will be used in these 3 events.

Running Events: 1st place finisher in each heat advance to finals along with next 6 fastest times.

Throwing Events & Horizontal Jumps: Top 8 advance to finals.

Ties will be broken, places 1-6, in all events. .

The top Two (2) Qualifiers in each event advance to the UIL State Track & Field Meet.

The Regional Director will certify and enter all State Meet qualifiers with the UIL office.

Exception: Wheelchair athletes entries for the state meet are submitted by the school’s coach.

**DESIGNATED COACHING AREAS:**

Coaching boxes will be set up near each of the field event venues.

One (1) coach per competitor, full-time school employee. Red or Blue wristband required.

Coaching must occur only within the designated coaching box or anywhere outside of the

restricted competition area. Competition area includes the infield and the track.

Any coach that displays behavior interfering with the competition will be asked to leave the infield. Coaches must remain inside the designated boxes/area during competition.

**The Coaching Boxes are Non-Restrictive Areas**

The use of electronic communication devices including cell phones are permitted in the boxes.

Coach and athlete are allowed to use video equipment for instructional purposes.

Coaching from a video can occur during the competition in between trials of field events.

Electronic devices may not be used to communicate with an athlete during a trial or race.

**Coaches are not allowed on the infield at any time unless:**

(1) Summoned by the Meet Referee (2) Filing a protest

(3) Presenting awards to the athletes (4) Inside the designated coaching box

**RESTRICTIONS DURING OPEN TRACK TIMES:**

**The track is restricted for practice relay exchanges only**.

Coaches, trainers & spectators are not allowed on the track or infield during the open track.

**AWARDS:**

Running Events & Field Events: The first, second and third place winners will report to the awards stand on the infield immediately after the conclusion of their event.

The coach of the 1st place finisher in each event may make the presentation of awards.

**RUNNING EVENTS**

Warm-Up Area will be on the grass field at the south end of Javelina Stadium – opposite end of the scoreboard. No warm-ups permitted on the infield surface.

Starting blocks will be provided by meet management.

Competitor Check In Station: South end of the stadium adjacent to the warm up area.

Contestants must be “competition ready” upon arrival at the Check-In Station

(dressed in legal uniform) Hip numbers will be issued to competitors at check-in.

Competitors will be escorted a staging area on the infield and to the starting line.

A “No Show” is interpreted as a Scratch.

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**Lane Assignments:**

Running Prelims: Heat & Lane Assignments seeded from the submitted Area T&F Meet

Performances; using FAT or manual timing conversions.

Heat Leaders with preferred lanes (4,5) – followed by serpentine seeding.

Running Finals: 1st place finisher in each heat advances to finals. Preferred lanes (4,5)

The next 6 fastest times will also advance to finals. (Lanes 3-6-2-7-1-8)

Two waterfall alley start: 11 runners in the inside alley, 5 in the outside alley.

Runners seeded 1-5 will start in the outside alley.

**Relays**:

Coaches will declare relay team members by submitting their relay cards at the Regional Meet.

Relay cards are due at the Check-In Station when your relay team reports.

Prelims relay cards are included in the team packets.

Relay cards for finals may be picked up at the Check-in Station on Saturday.

**New in 2023:** Up to eight (8) individuals may be listed on relay cards.

No Tennis Balls used for relay exchange marks. Only tape or flat rubber markers may be used to mark the track. Chalk is not to be used on the track or on the field event runways.

**FIELD EVENTS**

Check in at the event venue. A “No Show” is interpreted as a Scratch.

Competitors must by “competition ready” upon check-in – dressed in legal uniform.

Ties will be broken places 1-6. At the conclusion of the event, competitors need to check with the event judge prior to departing the event venue.

* **Vertical Jumps (Finals)**:

Starting heights will be determined based on the Area T&F Meet Results.

Progression: Pole Vault: 6” increments until 4 jumpers are left, then 3” increments.

High Jump: 2” increments until 4 jumpers are left, then 1” increments.

* **Throwing Events (Trials & Finals)**:

The implement weigh-in station will be inside Javelina Stadium in the building adjacent to the stadium entrance gate/ticket booth.

Certified implements will be placed in a “pool” at the event venue.

Athletes will be allowed to warm-up by flights under the supervision of an official.

No overweight implements can be used during warmups.

All implements must remain in the “pool” until the competition is completed.

**2023 T&F RULE CHANGES**

https://www.nfhs.org/sports-resource-content/track-and-field-rules-changes-2023/

**POLE VAULT:** **2023 NFHS T&F Rules 6-8-14; 6-8-15; 6-8-16**

Coaches are responsible for verifying the *Pole Vault Certification Sheets* for weight rating.

This will be conducted at the event site, immediately prior to the pole vault competition.

Upon check in, coaches must submit the UIL Pole Vault Certification Form on page 11.

Copies of this form will be available at the PV venue.

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**PROTESTS: 2023 NFHS T&F Rule 3-5-3; 3-5-4**

* Situations that are not subject to protest: **2023 NFHS Track & Field Rule Book Rule 3-5-4, Art. 4**

There is a $20.00 fee for all protests filed. Only coaches may file a protest

If the protest is upheld, this fee will be returned.

Monies collected from protest fees will be donated to the *Make-A-Wish Foundation.*

**JURY OF APPEALS:** **2023 NFHS T&F Rule 3-5**

The Jury of Appeals will serve as the final board of appeals

The JOA will consist of meet officials not initially involved in the decision being appealed.

* The UIL Office will not overturn any decision of a Meet Referee or Jury of Appeals.

**COMPETITOR’S UNIFORM: 2023 NFHS T&F Rule 4-3**

The ultimate responsibility to have each competitor compliant with the uniform rules is with the coach.

**MEET SCHEDULE*:*** **2023 NFHS T&F Rules 3-2-5; 3-2-6**

The Games Committee in collaboration with the referee may suspend the meet due to an

emergency such as hazardous weather conditions or power failure.

All trials and marks, made up to the point of interruption, shall stand.

**RESULTS:** [Http://spatotrack.us](https://nam04.safelinks.protection.outlook.com/?url=http%3A%2F%2Fspatotrack.us%2F&data=05%7C01%7CDavid.Brock%40tamuk.edu%7Ccca4cd744c854b1fb96708db2b227fed%7C17420fd64d7546859adf7a650964dbcf%7C0%7C0%7C638151199412875521%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=DRvX8u3zDuehA0NKpN%2BTUw8wLbqvGcK%2FuYCaubeB6EQ%3D&reserved=0)

**TEAM SCORING:** Field Events / Individual Running Events: 10-8-6-4-2-1. Relays: 20-16-12-8-4-2

**WHEELCHAIR DIVISION**

Girls & Boys Events: 100 M. Dash; 400 M. Dash; Shot Put.

The athletes in the Wheelchair Division will compete in separate races and field events from the traditional athletes. Only high school students eligible under UIL Rules are eligible to compete.

Coaches with athletes participating in the Wheelchair Division need to contact David Brock, Regional Meet Director, regarding event times and any special needs or safety issues.

Regional Meet Entries: Wheelchair entries for the Regional T&F Meet are not submitted through a

school’s Direct Athletics account.

Entries are submitted by the Area T&F Meet Director to [david.brock@tamuk.edu](mailto:david.brock@tamuk.edu).

State Meet Entries for the Wheelchair Division: Coaches are responsible for certifying & entering their athletes to the UIL State T&F Meet. <https://www.uiltexas.org/track-field/state>

**----------------------------------------------------------------------**

**SPECTATOR INFORMATION**

Clear bag policy at TAMU-Kingsville Athletic Venues: https://javelinaathletics.com/index.aspx

Ticket Price: $10.00

Parking lots adjacent to Javelina Stadium are open for spectator parking.

There is no charge for parking.

Spectators will not be allowed on the track or infield before, during or after the meet.

Concessions will be open with food items and drinks.

Canopy-like structures are permitted in the stadium bleachers at the top levels only.

Artificial Noisemakers of any kind - air horns, whistles, etc. are not permitted.

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**Additional Items:**

**Use of cell phones, portable stereos, walkman-type devices, or any wireless devices used for communication are prohibited in restricted areas in the infield and on the track.**

**This includes the wearing of headphones.**

Use of the T&F facilities at Javelina Stadium are not permitted prior to Friday, April 29, 2023.

Dressing and shower facilities will not be available at the stadium.

Texas A&M University – Kingsville Athletic Trainers will be available throughout the meet.

H.S. trainers are not be allowed on the track or infield unless called to administer to an athlete.

Commemorative UIL Regional T&F Championship T-Shirts will be on sale.

No vehicles of any kind allowed inside Javelina stadium.

A list of TAMU-Kingsville Corporate Hotel Partners and Corporate Dining Partners can be

found on the Javelina Athletics website: <https://javelinaathletics.com/sports/2014/12/17/GEN_1217142653.aspx>

10



UIL Pole Vault Certification Form

**In compliance with the National Federation of High Schools Track and Field this form is provided to verify pole vaulter’s weights and pole ratings prior to warm-up and competition.**

|  |  |
| --- | --- |
| Vaulter’s School: | Coach’s Name (print): |
| Site of Competition: | Date of Competition: |

|  |  |  |  |
| --- | --- | --- | --- |
| Vaulter’s Name: |  | Vaulter’s Weight: | lbs. |
| Pole #1: | Length: | Pole Rating Weight: | lbs. |
| Pole #2: | Length: | Pole Rating Weight: | lbs. |
| Pole #3: | Length: | Pole Rating Weight: | lbs. |
| Pole #4: | Length: | Pole Rating Weight: | lbs. |
| Pole #5: | Length: | Pole Rating Weight: | lbs. |
| Pole #6: | Length: | Pole Rating Weight: | lbs. |
| Pole #7: | Length: | Pole Rating Weight: | lbs. |
| Athlete Signature: |  | Date: |  |

|  |  |
| --- | --- |
| Coach’s Printed Name: | Date: |
| Coach’s Signature: | Date: |

UIL Pole Vault Certification Form

**In compliance with the National Federation of High Schools Track and Field this form is provided to verify pole vaulter’s weights and pole ratings prior to warm-up and competition.**

|  |  |
| --- | --- |
| Vaulter’s School: | Coach’s Name (print): |
| Site of Competition: | Date of Competition: |

|  |  |  |  |
| --- | --- | --- | --- |
| Vaulter’s Name: |  | Vaulter’s Weight: | lbs. |
| Pole #1: | Length: | Pole Rating Weight: | lbs. |
| Pole #2: | Length: | Pole Rating Weight: | lbs. |
| Pole #3: | Length: | Pole Rating Weight: | lbs. |
| Pole #4: | Length: | Pole Rating Weight: | lbs. |
| Pole #5: | Length: | Pole Rating Weight: | lbs. |
| Pole #6: | Length: | Pole Rating Weight: | lbs. |
| Pole #7: | Length: | Pole Rating Weight: | lbs. |
| Athlete Signature: |  | Date: |  |

|  |  |
| --- | --- |
| Coach’s Printed Name: | Date: |
| Coach’s Signature: | Date: |

**SUBSTITUTE CERTIFICATON FORM**

**2023 REGIONAL TRACK & FIELD MEET**

**Deadline for Substitutions is Tuesday, April 25, 2023 at 10:00 A.M.**

**Substitutions Must Be Submitted by the Area Track & Field Meet Director**

**Individual schools do not send in their changes to the Regional Meet Director**

**Instructions for the Area T&F Meet Directors:**

* Complete both Part 1 and Part 2 - before submitting to the Regional Meet Director

• Type or Print. Spell all names correctly. No initials or nicknames.

•  **E-mail to:** [**david.brock@tamuk.edu**](mailto:david.brock@tamuk.edu)

• You do not need to send in changes of a relay team member.

* Notify the Coach/School of the Athlete being “Added”

**Part 1**  **FOR USE BY AREA MEET DIRECTOR TO INFORM REGIONAL MEET DIRECTOR OF:** **SCRATCH**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Athlete Being Scratched Gender & Event Place in Area Meet

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Coach Area (Ex. 4A, 25-26)

**Part 2 FOR USE BY AREA MEET DIRECTOR TO INFORM REGIONAL MEET DIRECTOR OF**: **ADD**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_ /\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Athlete Being Added Event Place/Time or Distance at Area

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Coach Grade Level

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ /\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Area Meet Director’s Signature/Phone

**----------------------------------------------------------------------------------------------------------------------------**

**Date and Time Submitted to Regional Meet Director**: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**-----------------------------------------------------------------------------------------------------------**

***For Use by the Regional Meet Director***

***Date/Time Substitution Received: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Confirmation Sent:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Response:***

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**Entry Fees**

**2023 UIL Regional T&F Meet Region IV Conference 2A & Conference 4A**

**Entry fees for the Regional Meet will help cover the costs of conducting the meet.**

**Each Area T&F Meet Director is responsible for sending the Entry Fees from their**

**Area Meets to Texas A&M University-Kingsville, David Brock**

* **Entry Fees are based on the Area T&F Meet results sent to the Regional T&F Meet.**
* **Fees are determined by entries not participation.**

**Upon request invoices will be sent to the Area Meet Directors.**

***Note: The individual school is responsible for paying any late entry fees.***

**------------------------------------------------------------------------------------------------------------------**

**Individual Events - $20.00 per individual athlete / per event**

**14 Individual Events**

8 Individual entries in each event (4 Girls + 4 Boys entries from each Area Meet)

14 x 8 = 112 Total Individual Entries

112 entries x $20.00 each = $2240.00

**Relay Events – $80.00 per relay team**

**3 Relay Events**

24 total relay team entries (12 girls relay teams + 12 boys relay teams from each Area Meet)

24 x $80.00 = $1920.00

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$ 2240.00 – Individual Events

+ $ 1920.00 – Relay Events

**$ 4160.00 - Total due from each Area Meet Director**

**CHECKS MAILED TO:**

**TEXAS A&M UNIVERSITY – KINGSVILLE**

**JAVELINA ATHLETIC DEPARTMENT**

**ATTN: DAVID BROCK, ATHLETICS ASSISTANT**

**700 UNIVERSITY BLVD, MSC 202**

**KINGSVILLE, TX 78363**

***Make checks payable to: Texas A&M University-Kingsville***

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**TEXAS A&M UNIVERSITY-KINGSVILLE**

**JAVELINA STADIUM**

**TRACK MARKINGS**

**STARTING LINES** **COLOR**

100 meters……………………………………….White

110 Hurdles ……………………………………..White

200 meters ………………………………………White

300 Hurdles ……………………………………. White

400 meters ………………………………………Yellow

800 meters ………………………………………White

1500/1600/3000 sc /3200/5000 meters………White (Waterfall)

800 meter relay …………………………………Green

1600 meter relay ………………………………..Blue

Finish Line ……………………………………….White

Break Line ……………………………………….Green

**NCAA RELAY EXCHANGE ZONES**

**Large Arrows = Exchange Area Beginning & Exchange Area Ending**

400 meter Relay ……………………………….(Curve 1,2,3) - Yellow

1600 meter Relay ………………………………Blue

**UIL HIGH SCHOOL RELAY EXCHANGE ZONES**

**Large Arrows = Exchange Area Beginning & Exchange Area Ending**

400 meter Relay ……………………………….(Curve 1,2,3) - Yellow

800 meter Relay ……………………………….(Curve 1,2) - Green

(Curve 3) – Yellow

1600 meter Relay ………………………………Blue

**HURDLE LOCATIONS**

100 meter HH (Women) ………………………Yellow

110 meter HH (Men)………………………….. Blue

300 meter LH/IH (Women/Men) ……………. White

400 meter Hurdles …………………………….Green

Steeplechase Barriers…………………………Black

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**MEDIA INFORMATION**

**No live streaming is permitted unless approval is received by TAMU-Kingsville from the UIL Office.** Media outlets interested in telecasting a playoff contest in any sport except football, must complete this form before noon the business day prior to the event.  https://www.uiltexas.org/media

Media Credentials need to be presented at the Pass Gate, East Side of JavelinaStadium,

for entry into the stadium.

Media will be allowed in the infield by credential only and must confine themselves within the “media boundary lines” of the football field. **Display Media credentials at all times**.

Members of the media planning to attend the Regional T&F Meet are encouraged to

contact David Brock, 361/593-2500, [david.brock@tamuk.edu](mailto:david.brock@tamuk.edu). for any specific needs or questions.

Media access to telephones and additional work space will be may be provided

in the press box upon request.

Photographers may shoot all events, giving consideration to the safety of both participants and officials.

During sprints and hurdle races, photographers may shoot the finish as long as they provide a minimum of 50 meters cushion.

Photographers will not be allowed in the shot or discus sectors.

Meet administrators and officials retain final determination of photographer placement at all events. Media outlets should consult these administrators and officials on photographer placement at each venue. Officials reserve the right to remove anyone if causing a disturbance.

David Brock, TAMU-Kingsville, Regional T&F Meet Director

Isaac Ray, Assistant Sports Information Director, Texas A&M University-Kingsville**.**

Isaac.ray@tamuk.edu.

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**UIL REGIONAL TRACK & FIELD MEET RECORDS**

**REGION IV CONFERENCE 4A**

**GIRLS** **YEAR** **ATHLETE**

Pole Vault - 13-06.00 2014 Kally Long, Wimberley

Triple Jump - 43-01.00 2001 Ychlindria Spears, Luling

Discus Throw - 160-06.00 2019 Abigail Flores, Rio Grande City Grulla

High Jump - 5-09.00 2001 Ashley Robbins, George West

Long Jump - 22-02.50 2000 Ychlindria Spears, Luling

Shot Put - 45-11.50 2015 Daniella Murchison, Port Isabel

3200 Meter Run - 11:09.90 1997 Kayce Waters, Devine

100 Meter Dash - 11.62 2016 Virginia Kerley, Taylor

200 Meter Dash - 23.85 2016 Virginia Kerley, Taylor

400 Meter Dash - 55.50 1987 Quadalyn Harrell, Elgin

800 Meter Run - 2:15.30 2016 Lynette Amaram, Stafford

1600 Meter Run - 5:10.59 1989 Jennifer Myers, Yoakum

100 Meter Hurdles - 14.01 1987 Rosa Baker, Elgin

300 Meter Hurdles - 44.03 2011 Abby Sheppard, Cuero

4 x 100 Meter Relay - 48.44 1987 Elgin H.S.

4 x 200 Meter Relay - 1:41.96 2014 West Oso H.S.

4 x 400 Meter Relay - 3:54.60 2006 Stafford H.S.

**BOYS**   **YEAR** **ATHLETE**

Pole Vault - 17-00.00 1985 Chris Bohannan, Bishop

Triple Jump - 49-01.25 1998 Randy Hymes, Hitchcock

Discus Throw - 185-05.00 2002 Jacob Rodriguez, Taft

High Jump - 7-00.25 1983 James Lott, Refugio

Long Jump - 24-6.25 2016 Kamron Mathis, Cuero

Shot Put - 62-7.50 1975 George Woodward, Van Vleck

3200 Meter Run - 9:10.32 1990 Ricky Gallegos, Crystal City

100 Meter Dash - 10.40 2019 Ryan Martin, Stafford

200 Meter Dash - 21.12 1993 Lance Kopper, San Antonio West

400 Meter Dash - 47.35 1986 Percy Waddle, Columbus

800 Meter Run - 1:54.23 2010 Brandon Lacy, Lytle

1600 Meter Run - 4:16.32 1991 Ricky Gallegos, Crystal City

110 Meter Hurdles - 13.45 1983 Ray Hutchinson, Refugio

300 Meter Hurdles - 37.20 1991 Travis Droupy, Cuero

4 x 100 Meter Relay - 41.00 1986 Columbus H.S.

4 x 200 Meter Relay - 1:27.70 2005 Cuero H.S.

4 x 400 Meter Relay - 3:17.30 1985 Cuero H.S.

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**REGIONAL TRACK & FIELD MEET RECORDS**

**UIL REGION IV CONFERENCE 2A**

**GIRLS YEAR ATHLETE**

Pole Vault - 12.06.00 2022 Ella Strickland, Junction

Triple Jump - 38-01.00 2012 Khadijah Carter, Goodrich

Discus Throw - 130-08 2016 Bralyn Fox-Smith, Refugio

High Jump - 5-06.00 2017 & 2018 - Zoe Spinn, Holland

* 5-06.00 2019 Jai’lin King, Refugio

Long Jump - 19-08.00 2021 Jai’lin King, Refugio

Shot Put - 41-01.00 2022 Ciara Tilley, Refugio

3200 Run - 11:38.48 2022 Cassidy Bilsing, Normangee

100 Meter Dash - 12.24 2021 Peyton Oliver, Refugio

200 Meter Dash - 25.48 2011 Brandalyn Williams, Snook

400 Meter Dash - 56.00 2012 Shakera Barnes, Snook

800 Meter Run - 2:21.00 2015 Maria Ramirez, Mason

1600 Meter Run - 5:19.61 2011 Kelsey Bruce, Brackettville

100 Meter Hurdles - 14.50 2017 Camille Messer, Milano

300 Meter Hurdles - 45.26 2022 Lainey Jernigan, Goldthwaite

4 x 100 Meter Relay - 49.03 2018 Shiner H.S.

4x200 Meter Relay - 1:44.42 2018 Shiner H.S.

4x400 Meter Relay - 4:04.60 2013 Falls City H.S.

**BOYS YEAR ATHLETE**

Pole Vault - 16-08.00 2021 Anthony Meacham, Woodsboro

Triple Jump - 47-03.50 2021 Michael Herzog, Thorndale

Discus Throw - 178-08 2019 Corey Preusse, Thorndale

High Jump - 6-05.00 2015 Garrett Drake, Granger

- 6-05.00 2017 Wesley Stolte, Thrall

Long Jump - 23-06.75 2022 Izaha Jones, Normangee

Shot Put - 57-05.00 2019 Garrett Burns, Woodsboro

3200 Meter Run - 9:29.95 2021 Abraham Morales, Brackettville

100 Meter Dash - 10.69 2019 Devonte Jones, Milano

200 Meter Dash - 21.90 2011 Jayden Barefield, Yorktown

400 Meter Dash - 48.74 2013 Evel Jones, Shiner

800 Meter Run - 1:57.97 2017 Mikel Escobar, Ben Bolt

1600 Meter Run - 4:33.81 2018 Garrett Jones, Milano

110 Meter Hurdles - 14.67 2019 Kyle Lumpkins, Junction

300 Meter Hurdles - 39.40 2019 Devonte Jones, Milano

4x100 Meter Relay - 42.77 2022 Refugio H.S.

4x200 Meter Relay - 1:28.14 2022 Refugio H.S.

4x400 Meter Relay - 3:24.45 2016 Shiner H.S.

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 **How to Submit Online Entries**

**STEP 1—ACCESSING YOUR DIRECTATHLETICS ACCOUNT**

*Each coach must have a Direct Athletics username and password for his/her school.*

*If you don’t know your username and password, you will be able to create one or retrieve your existing account by following the instructions below.*

**If you already have a Direct Athletics account for your Track & Field team, and know your username and password….**

1) Go to www.directathletics.com

2) In the login box, enter your username and password and click Login.

**If you do NOT know your username and password….**

1) Go to www.directathletics.com

2) Click on the link “New User? Click HERE”.

3) Follow onscreen instructions. You will be able to create an account online or retrieve forgotten information for an existing account.

***\*\*NOTE ABOUT ACCOUNTS: Most coach accounts control a school’s Men’s***

***AND Women’s team. You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women’s team and repeat the process.***

***The team you are controlling is listed on the blue navigation bar across the top of your account, for example: Sport:*** *Track & Field* ***Team:*** *Denton Ryan HS (M)*

***This indicates that you are controlling the Denton Ryan HS MEN’S team (M=MEN)***

***To switch to your Women’s team, you would select “Ryan HS (W)”.***

**STEP 2 – EDIT / SETUP YOUR ONLINE ROSTER**

*Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons) you do not need to add them again.*

1) Upon logging in, click the TEAM tab.

2) If you have used Direct Athletics before, you will see last year’s roster.

New Users should click the green “Add Athletes” link.

3) Click the green “Add Athletes” link under the Team Roster header.

Select an approximate number of athletes you would like to add-you can add more any time.

4) Enter your athletes First Name, Last Name and School Year and click “Submit”.

5) You may add, edit or delete athletes on your Team Roster at any time by clicking the

TEAM tab.

**STEP 3--SUBMITTING ONLINE MEET ENTRIES**

***Once your athletes are added to your roster, you must submit your entries.***

1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green

Register button next to the meet you wish to enter.

2) Check off the box for each athlete you wish to enter.

3) Follow onscreen instructions for submitting your entries.

4) When you are finished with your entries, YOU MUST CLICK SUBMIT to submit your entries

5)You will see your current, submitted entries on the VIEW ENTRIES page.

At any time before the entry deadline, you may edit your entries by clicking the

“Edit Entries” link

6) For entry confirmation, print the “View Entries page or click the email confirmation link at

The top of the “View Entries” page. An email confirmation will be sent to the email address

in your account.

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