

**University Interscholastic League**

**Regional Track & Field Meet**

**Coaches’ Manual**

**Region IV**

**Conference 2A & Conference 4A**

**April 18-19, 2025**

***TEXAS A&M UNIVERSITY- KINGSVILLE***

***PEPSI FIELD AT JAVELINA STADIUM***

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**2025 UIL REGIONAL TRACK & FIELD MEET**

**REGION IV**

**CONFERENCE 2A and CONFERENCE 4A**

**FRIDAY, APRIL 18 & SATURDAY, APRIL 19**

**WELCOME TO TEXAS A&M UNIVERSITY- KINGSVILLE**

**PEPSI FIELD AT JAVELINA STADIUM**

**--------------------------------------------------------------****------------------------------**

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**REGIONAL MEET DIRECTORS**

David Brock, Athletic Operations, Texas A&M University-Kingsville, Track & Field

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Ruben Cantu, Senior Associate Athletics Director, Texas A&M University-Kingsville [ruben.cantu@tamuk.edu](mailto:ruben.cantu@tamuk.edu) Office: (361) 593-2493

**GAMES COMMITTEE**: Randy Hughes, Sam Kana, David Vasquez, Richard Ocanas,

Gene Kana, Mindy de la Rosa

**STARTERS**: Bill Chancey, Benny Martinez, Mando Gomez, Preston Johnson

**REFEREES:** Omar de la Rosa, Allen Dews

**FINISH JUDGE:** Richard Ocanas

**HEAD UMPIRE:** Melinda de la Rosa

**ANNOUNCER:** Luis Garcia & Julian Tamez

**HEAD OF APPEALS:** Randy Hughes, David Vasquez

**F.A.T. OPERATORS**: BW Sports Timing

**UIL T&F CONTACT:**  Joseph Garmon, jgarmon@uiltexas.org

**2025 AREA TRACK & FIELD MEET DIRECTORS**

**Conference 4A** **School** **Conference 2A School**

Area 25-26 Wimberley H.S. . Area 25-26 Snook H.S.

Area 27-28 Floresville H.S. Area 27-28 Flatonia H.S

Area 29-30 Bay City H.S. Area 29-30 Harper H.S.

Area 31-32 Rio Grande City Grulla H.S. Area 31-32 Woodsboro H.S.

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**ENTRY PROCEDURES FOR THE REGIONAL TRACK & FIELD MEET**

**Entries for the Regional Meet will be submitted by the school’s coach in MileSplit**

**Registration / Name of Meet: *UIL Region 4 2A/4A Championship***

**Each school is responsible for entering their qualified athletes in milesplit.com**

**Deadline for coaches to submit their entries: Monday, April 14, 2025 at 12:00 PM**

**INSTRUCTIONS FOR THE COACHES**

* Enter each qualifier’s Full First Name and Last Name – No initials or nicknames.
* Be sure to enter your athletes in correct gender and conference.
* Enter your athletes’ **Official Performances/Results from the AREA T&F MEET.**

Do Not Round-Off Times / Distances, or use athlete’s season’s best performance.

* Enter all times to the 1/100 of a second.
* Do not enter your athletes in MileSplit until you have received the

Official Area Track & Field Meet Results from your Area Meet Director.

* **Check all of your school’s entries for complete accuracy.**
* **Note:** Names of the relay team members will be declared at the Regional Meet**.**

**Important:**

*The Area Meet Directors will not enter your school’s qualifiers for the Regional Meet.*

*Your athletes are* ***not entered*** *in the Regional Meet unless you submit them in MileSplit.*

**Verification of Entries**:

Each entry made in MileSplit must correspond correctly with the Official Area T&F Meet Results sent to the Regional Meet Director.

This includes Name, Event, Place, Grade Level, Time or Distance.

There can be no discrepancy between the entries the coaches submit in MileSplit and the

Official Area T&F Meet Results that we receive from the Area Meet Directors.

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**INSTRUCTIONS FOR THE AREA T&F MEET DIRECTORS**

Send the 2025 Official Area T&F Meet Results to: [david.brock@tamuk.edu](mailto:david.brock@tamuk.edu).

* Places 1-8 in all events.
* **NO TIES** in Places 1-6.
* Submit FAT times only.
* Use distances in feet and inches for the field event results.
* Individual Events: Full First Name & Last Name. No initials or nicknames.
* Relay Teams: Names of the team members Do Not need to be submitted.
* Include any **wheelchair results** from your Area Meet.
* Send the Official Area Meet Results to each school that participated in the

Area Meet.

* **Note**: The Official Area Meet results we receive from each Area Meet Director are for verification purposes only. Each school is responsible for entering their school’s qualifiers for the Regional Meet in MileSplit.

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**SUBSTITUTIONS**

**DEADLINE: TUESDAY, APRIL 15, 2025 at 12:00 P.M.**

***Time is firm.***

**Procedures for submitting substitutes for the Regional T&F Meet**:

1. In the event a qualifying contestant will not be competing at the Regional Meet, then the alternate (5th place or next eligible finisher) is eligible to participate.
2. The coach or school administrator of alternates who move into qualifying positions will **notify their Area T&F Meet Director** to declare that their athlete will compete at the Regional T&F Meet.

\*Individual schools do not send their changes to the Regional Meet Director.

1. The Area T&F Meet Director will then notify the Regional T&F Meet Director of the substitution. (Scratch & Add)

**Area Meet Directors**:

**Use the “Track & Field Substitute Certification Form” on page 12.**

1. The Regional Meet Director will confirm with the Area Meet Director that

the substitution has been received and the athlete is now entered in the Regional Meet.

1. Coaches do not need to send in changes of a Relay Team Member to the Area Meet Director. Declaration of Relay Team Members will be made when the Relay Cards are submitted at the Regional Meet.

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**Late Entries After The Substitution Deadline**

* Late entriesclose on Friday, April 18 at 9:00 A.M.

* Late entry fees are $200.00 for each individual event & $200.00 for

each relay team.

* No Cash. Checks only. Make checks payable to “TAMU-Kingsville”

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**SCHEDULE OF EVENTS**

**2025 UIL REGIONAL TRACK & FIELD MEET**

**REGION IV CONFERENCE 2A & CONFERENCE 4A**

**FRIDAY, APRIL 18**

**8:00 AM to 9:45 AM**: OPEN TRACK for Practice Relay Exchanges for Conference 2A & Conference 4A

**10:00 AM: 3200 Meter Run – FINAL EVENT**

Order of Competition: 2A Girls then 4A Girls followed by 2A Boys then 4A Boys

**2A Running Prelims** **– 11:30 AM** **4A Field Events**   **Implement Weigh-In**

**11:00 AM** *4 x 100 relays teams check in* **10:30 AM** Girls Pole Vault

***Relay Cards Due at Check-in Station***

**11:00 AM** Boys Triple Jump (Inside Pit)

Rolling Schedule

**11:30 AM**4 x 100 Meter Relay (Girls/Boys) **11:30 AM** Girls Discus >>>> *10:00 AM-11:00 AM*

100 Meter Hurdles (Girls)

110 Meter Hurdles (Boys) **1:30 AM** Boys Discus >>>> *12:00 PM-1:00 PM*

100 Meter Dash (Girls/Boys) Boys Pole Vault

4 x 200 Relay (Girls/Boys) Girls Triple Jump (Inside Pit)

400 Meter Dash (Girls/Boys)

300 Meter Hurdles (Girls/Boys)  **2:00 PM** Boys High Jump

200 Meter Dash (Girls/Boys)

*15 Minute Break after 200 m Dash* **4A Running Prelims - 5:30 PM**

4 x 400 Meter Relay (Girls/Boys) *--------------------------------------*

**OPEN TRACK at the Conclusion of 2A Prelims**

**for Conference 4A Practice Relay Exchanges**

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**2A Field Events Implement Weigh-In** **5:00 PM** *4 x 100 relay teams check in*

***Relay Cards Due at Check-In Station***

**4:30 PM** Boys Shot Put >>>>*3:00 PM-4:00 PM*

Boys Long Jump (Inside Pit) Rolling Schedule

Girls High Jump **5:30 PM** 4 x 100 Meter Relay (Girls/Boys)

100 Meter Hurdles (Girls)

**5:00 PM** Girls Pole Vault110 Meter Hurdles (Boys)

100 Meter Dash (Girls/Boys)

**6:30 PM** Girls Shot Put >>>> *5:00 PM-6:00 PM* 4 x 200 Meter Relay (Girls/Boys)

Girls Long Jump (Inside Pit) 400 Meter Dash (Girls/Boys)

Boys High Jump300 Meter Hurdles (Girls/Boys)

200 Meter Dash (Girls/Boys)

*15 Minute Break after 200 m. Dash*

4 x 400 Meter Relay (Girls/Boys)

4

**SCHEDULE OF EVENTS**

**2025 UIL REGIONAL TRACK & FIELD MEET**

**REGION IV CONFERENCE 2A & CONFERENCE 4A**

**SATURDAY, APRIL 19**

**11:00 AM to 2:30 PM**:OPEN TRACK for practice relay exchanges for Conference 2A & Conference 4A

**FIELD EVENTS**

**2A Field Events Implement Weigh-In** **4A Field Events** **Implement Weigh-In**

**9:00 AM** Boys Triple Jump (Inside Pit) **10:00 AM** Girls High Jump

**10:30 AM** Girls Discus >>>> *9:00 AM-10:00 AM* **10:30 AM** Girls Shot Put >>> *9:00 AM-10:00 AM* **12:00 PM** Boys Pole Vault **11:00 AM** Boys Long Jump (Inside Pit)

**12:00 PM** Girls Triple Jump (Outside Pit)  **12:30 PM** Boys Shot Put >>> *11:00 AM-12:00 PM*

**12:30 PM** Boys Discus >>>> *11:00 AM-12:00 PM* **1:00 PM** Girls Long Jump (Inside Pit)

**RUNNING FINALS – 3:00 PM**

**Order of Competition: 2A Girls; 4A Girls; followed by 2A Boys; 4A Boys**

***2:30 PM 4 x 100 relay teams check in***

**3:00 PM 4 x 100 Meter Relay**

**3:25 PM 800 Meter Run**

**3:55 PM 100 Meter Hurdles (Girls 2A/Girls 4A)**

**4:05 PM 110 Meter Hurdles (Boys 2A/Boys 4A)**

**4:20 PM 100 Meter Dash**

**4:45 PM 4 x 200 Meter Relay**

**5:15 PM 400 Meter Dash**

**5:40 PM 300 Meter Hurdles (Girls 2A/Girls 4A)**

**5:50 PM 300 Meter Hurdles (Boys 2A/Boys 4A)**

**6:05 PM 200 Meter Dash**

**6:20 PM 1600 Meter Run**

**7:00 PM 4 x 400 Meter Relay**

Awards to Team Champions following the 4 x 400 Relays

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**Coaches and Participants Information**

**ENTRY DEADLINES**

**Deadline for coaches to submit their school’s entries in MileSplit:**

**MONDAY, APRIL 14, 2025 at 12:00 P.M.**

**Deadline for Substitutions:**

**TUESDAY, APRIL 15, 2025 at 12:00 P.M.**

**Deadline for Late Entries:**

**FRIDAY, APRIL 18, 2025 at 9:00 A.M.**

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**PACKET PICKUP & COACH’S MEETING**

**Location: Steinke Center (Gym) on Avenue B; 1 Block South of Javelina Stadium.**

**Packet Pickup: Thursday, April 17, 2025: Between 5:00 P.M. and 7:00 P.M**

Packets will include Heat & Lane Assignments, Field Event Entries, Schedule of Events,

Stadium Entry Passes, Coachies’ Box Passes & Relay Cards

**Coach’s Meeting: Thursday, April 17, 2025: 6:30 P.M. to 7:00 P.M.**

The Meet Director and Officials will briefly discuss meet administration and procedures.

Questions will be fielded regarding the current championship meet only.

**STADIUM ENTRANCE PASSES**

Coaches: Friday, April 18 = RED WRISTBAND (3 Included in each G and B Team’s Packet)

Saturday, April 19 = BLUE WRISTBAND (3 Included in each G and B Team’s Packet)

School Administrators:

Friday, April 18 = WHITE WRISTBAND (2 included in each G and B Team’s Packet)

Saturday, April 19 = GREEN WRISTBAND (2 included in each G & B Team’s Packet)

Coaches and school administrators displaying the above credentials use the **PASS GATE**

located on the East side (press box side) of the stadium. Signage will be displayed.

No district passes, TGCA or THSCA membership passes will be honored.

Competitors in uniform admitted into the stadium at the pass gate entrance.

**PARKING**

**School Buses** park on the East Side (Press Box Side) of Javelina Stadium on the grass lot immediately outside the stadium’s main entrance gate.

Team Drop-Off Location: East Side (Press Box side) of Stadium, near the Pass Gate Entrance.

**TEAM CAMPS:**

* Set up along the fence in the grass area on the outside of the warm up field.
* **Do not set up your team’s camp under the stadium bleachers.**
* Canopy-like structures are permitted at the top levels stadium bleachers.

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**MEET PROCEDURES:**

The top Two (2) Qualifiers in each event advance to the UIL State Track & Field Meet.

The Regional Director will certify and enter all State Meet qualifiers with the UIL office.

Exception: Wheelchair entries for the state meet are submitted by the school’s coach.

**DESIGNATED COACHING AREAS:**

The Coaches’ Boxes will be set up near each of the field event venues.

One (1) coach per competitor and only while their school’s athletes is completing.

**Approved UIL Wristband required. Friday = Red Wristband; Saturday = Blue Wristband**

Coaching must occur only within the designated coaching boxes.

Any coach that displays behavior interfering with the competition will be asked to leave the infield. Coaches must remain inside the designated boxes/area during the competition.

**The Coaches’ Boxes are Non-Restrictive Areas**

The use of electronic communication devices including cell phones are permitted in the boxes.

Coach and athlete are allowed to use video equipment for instructional purposes.

Coaching from a video can occur during the competition in between trials of field events.

Electronic devices may not be used to communicate with an athlete during a trial or race.

**Coaches are not allowed on the infield at any time unless:**

(1) Summoned by the Meet Referee (2) Filing a protest

(3) Presenting awards to the athletes (4) Inside the designated coaching box

**OPEN TRACK TIMES: The track is restricted for practice relay exchanges only**.

Non-competing athletes are Not allowed on the infield or track.

**RESTRICTED AREAS ON TRACK AND INFIELD:**

Use of cell phones, portable stereos, wearing of headphones, or any wireless devices used for communication are prohibited in restricted areas in the infield and on the track.

The track & infield are also restricted areas regarding competitor warm-ups.

**AWARDS:** Running Events and Field Events

The first, second and third place winners will report to the awards stand on the infield immediately after the conclusion of their event. The coaches may make the presentation to their athletes.

**COMPETITOR’S UNIFORM: 2025 NFHS T&F Rule 4-3**

The responsibility to have each competitor compliant with the uniform rules is with the coach.

**RUNNING EVENTS**

**No warm-ups permitted on the track or on the turf Infield.**

Designated Warm-Up Area will be on the grass field at the south end of Javelina Stadium – opposite end of the scoreboard. Starting blocks will be provided by meet management.

Competitor Check In Station: South end of the stadium adjacent to the warm up area.

Contestants must be “competition ready” upon arrival at the Check-In Station

(dressed in legal uniform) Hip numbers will be issued to competitors at check-in.

Competitors will be escorted a staging area on the infield and to the starting line.

A “No Show” is interpreted as a Scratch.

The 800 m. Run, 1600 m. Run, 3200 m Run & the wheelchair events are **FINAL EVENTS**.

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**Lane Assignments:**

Running Prelims: Heat & Lane Assignments seeded from the results of the Area T&F Meet

performances - using FAT or manual timing conversions.

Heat Leaders with preferred lanes (4,5) – followed by serpentine seeding.

Running Finals: Individual and Relays:

1st place finisher in each heat advances to finals. Preferred lanes (4,5)

The next 6 fastest times also advance to finals using serpentine seeding.

800 m Run, 1600 m Run & 3200 m. Run:

Double Waterfall Start.

Runners with the fastest qualifying times will be in the outside alley.

**Relays**:

Relay cards are due at the Check-In Station when your relay team reports for the prelims.

Up to eight (8) individuals may be listed on relay cards.

**Only white athletic tape exchange markers permitted & must be removed immediately**

**after the relay race or field event completion.** No chalk, tennis balls, powder, pins, paint or duct tape may be used for relay exchange marks or on the field event runways.

Relay Cards for the teams advancing to the State Meet. <https://www.uiltexas.org/files/athletics/Relay_Cards_with_Alternates.pdf>

**FIELD EVENTS**

Check in at the event venue. Must by “competition ready” upon check-in - legal uniform.

**Ties will be broken places 1-6. At the conclusion of the event, competitors & coaches**

**need to check with the event judge prior to departing the event venue.**

**Vertical Jumps (Finals)**:

Starting heights will be determined based on the Area T&F Meet Results**.**

Progression: Pole Vault: 6” increments until 4 jumpers are left, then 3” increments.

High Jump: 2” increments until 4 jumpers are left, then 1” increments.

**Throwing Events (Trials & Finals)**:

Coaches check the implement weigh-in times shown on the Schedule of Events.

Certified implements will be placed in a “pool”.

Athletes will be allowed to warm-up by flights under the supervision of an official.

No overweight implements can be used during warmups.

All implements must remain in the “pool” until the competition is completed.

**POLE VAULT:** **2025 NFHS T&F Rules 6-8-14; 6-8-15; 6-8-16**

Upon check-in the coaches are responsible to verify and submit the *UIL Pole Vault Certification Form* found on page 11. Copies of this form will also be available at the pole vault venue.

**PROTESTS: 2025 NFHS T&F Rules 3-5-3; 3-5-4**

**Situations that are not subject to protest: 2025 NFHS T&F Rule Book Rule 3-5-4, Art. 4.**

There is a $20.00 fee for all protests filed. Only a school’s coach may file a protest.

If the protest is upheld, this fee will be returned.

Protest forms provided at the referee’s table on the infield.

Monies collected from protest fees will be donated to the *Make-A-Wish Foundation.*

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**2025 NFHS T&F RULE CHANGES**

<https://www.nfhs.org/sports-resource-content/track-and-field-rules-changes-2025/>

**JURY OF APPEALS:** **2025 NFHS T&F Rule 3-5**

The Jury of Appeals will serve as the final board of appeals.

The JOA will consist of meet officials not initially involved in the decision being appealed.

**SUSPENDED / INTERRUPTED MEET SCHEDULE*:*** **2025 NFHS T&F Rules 3-2-5; 3-2-6**

The Games Committee in collaboration with the referee may suspend the meet due to an

emergency such as hazardous weather conditions or power failure.

**RESULTS:** milesplit.live

**TEAM SCORING:** Field Events / Individual Running Events: 10-8-6-4-2-1. Relays: 20-16-12-8-4-2

**WHEELCHAIR DIVISION**  https://www.uiltexas.org/track-field/wheelchair-division

Coaches with athletes participating in the Wheelchair Division need to contact David Brock, Regional Meet Director, regarding event times and any special needs or safety issues.

Regional Meet Entries: Wheelchair entries for the Regional T&F Meet are not submitted by the through a school’s MileSplit account.

Entries are submitted by the Area T&F Meet Director to [david.brock@tamuk.edu](mailto:david.brock@tamuk.edu).

Coaches are responsible for certifying & entering their athletes for the UIL State T&F Meet.

**-------------------------------------------------------------------------------**

**GENERAL INFORMATION:**

\* **Thursday, April 17 – Use of the facilities at Javelina Stadium are not permitted.**

\* NFHS and UIL rules will govern the events at the regional meet.

**\*** Coaches Wristbands must be displayed for stadium entry and for access to coaches’ boxes.

\* The Administrator’s Wristbands, White & Green, are to be used only for entry into the stadium

\* Dressing and shower facilities will not be available at Javelina Stadium.

\* Texas A&M University – Kingsville Athletic Trainers will be available throughout the meet.

\* H.S. trainers are not be allowed on the track or infield unless called to administer to an athlete.

\* No vehicles of any kind allowed inside Javelina stadium.

\* A list of TAMU-Kingsville Corporate Hotel Partners and Corporate Dining Partners can be

found on the Javelina Athletics website: https://javelinaathletics.com/index.aspx

**WEATHER / LIGHTNING:**

Once **lightning** is **10 miles** from the area, all outside activities will be suspended.

Take shelter immediately. All activities will suspended for a minimum of 30 minutes.

Communication to the coaches, participants and spectators will be made via the

stadium’s announcer and the stadium scoreboard.

**EMERGENCY CONTACT INFORMATION:**  **University Police Department. 361/593-2611**

In the event of a significant emergency or dangerous situations involving the immediate threat to the health or safety of persons on the campus, the university will, without delay, send mass emergency notification messages to provide information which will give specific directions to the community to help to ensure a safe campus environment.

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**SPECTATOR INFORMATION**

Javelina Stadium is located on the campus of Texas A&M University-Kingsville.

Corner of North Armstrong Street and Corral Avenue.

**Clear Bag Policy** at all Texas A&M University-Kingsville Athletic Venues:

<https://javelinaathletics.com/documents/2022/8/15/Clear_Bag_Policy__8.8.22_.docx>

**Javelina Stadium**

All spectator seating is General Admission.

Canopy-like structures are permitted in the stadium bleachers at the **Top Levels Only.**

Seat cushions are permitted.

Spectators will not be allowed on the track or infield before, during or after the meet.

Prohibited items at home athletic venues include the following:

Artificial Noisemakers – including Air Horns and Whistles.

Food, Beverages (including alcoholic beverages) Firearms, Tobacco, Ice Chests, Pets,

and Bags or cases of any kind that do not meet the bag policy.

Exceptions will be made for medically necessary bags.

Concessions will be open with food items and drinks.

Commemorative UIL Regional T&F Championship T-Shirts will be on sale.

Thank you for your cooperation as we strive to maintain a safe environment at all our facilities.

**Parking**

Parking lots adjacent to Javelina Stadium are open for spectator parking.

Handicapped parking spots are available near the main entrance gates of the stadium.

There is no charge for parking.

**Tickets**

On-line tickets sales available at javelinaathletics.com

Tickets may also be purchased at the stadium entrance gates on the day of the event.

Cash or Card.

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UIL Pole Vault Certification Form

**In compliance with the National Federation of High Schools Track and Field this form is provided to verify pole vaulter’s weights and pole ratings prior to warm-up and competition.**

|  |  |
| --- | --- |
| Vaulter’s School: | Coach’s Name (print): |
| Site of Competition: | Date of Competition: |

|  |  |  |  |
| --- | --- | --- | --- |
| Vaulter’s Name: |  | Vaulter’s Weight: | lbs. |
| Pole #1: | Length: | Pole Rating Weight: | lbs. |
| Pole #2: | Length: | Pole Rating Weight: | lbs. |
| Pole #3: | Length: | Pole Rating Weight: | lbs. |
| Pole #4: | Length: | Pole Rating Weight: | lbs. |
| Pole #5: | Length: | Pole Rating Weight: | lbs. |
| Pole #6: | Length: | Pole Rating Weight: | lbs. |
| Pole #7: | Length: | Pole Rating Weight: | lbs. |
| Athlete Signature: |  | Date: |  |

|  |  |
| --- | --- |
| Coach’s Printed Name: | Date: |
| Coach’s Signature: | Date: |

UIL Pole Vault Certification Form

**In compliance with the National Federation of High Schools Track and Field this form is provided to verify pole vaulter’s weights and pole ratings prior to warm-up and competition.**

|  |  |
| --- | --- |
| Vaulter’s School: | Coach’s Name (print): |
| Site of Competition: | Date of Competition: |

|  |  |  |  |
| --- | --- | --- | --- |
| Vaulter’s Name: |  | Vaulter’s Weight: | lbs. |
| Pole #1: | Length: | Pole Rating Weight: | lbs. |
| Pole #2: | Length: | Pole Rating Weight: | lbs. |
| Pole #3: | Length: | Pole Rating Weight: | lbs. |
| Pole #4: | Length: | Pole Rating Weight: | lbs. |
| Pole #5: | Length: | Pole Rating Weight: | lbs. |
| Pole #6: | Length: | Pole Rating Weight: | lbs. |
| Pole #7: | Length: | Pole Rating Weight: | lbs. |
| Athlete Signature: |  | Date: |  |

|  |  |
| --- | --- |
| Coach’s Printed Name: | Date: |
| Coach’s Signature: | Date: |

**SUBSTITUTE CERTIFICATON FORM**

**2025 REGIONAL TRACK & FIELD MEET**

**Deadline for Substitutions is Tuesday, April 15, 2025 at 12:00 P.M.**

**All Substitutions Must Be Submitted by the Area Track & Field Meet Director**

***Individual schools do not send in their changes to the Regional Meet Director***

**Instructions for the Area T&F Meet Directors:**

* **Complete both Part 1 AND Part 2** - before submitting to the Regional Meet Director

• Type or Print. Spell all names correctly. No initials or nicknames.

•  **E-mail to:** [**david.brock@tamuk.edu**](mailto:david.brock@tamuk.edu)

• You do not need to send in changes of a relay team member.

* **Notify the Coach/School of the Athlete being “ADDED”**

**Part 1**  **FOR USE BY AREA MEET DIRECTOR TO INFORM REGIONAL MEET DIRECTOR OF:** **SCRATCH**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Name of Athlete Being **SCRATCHED** Gender & Event Place in Area Meet

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Coach Area (Ex. 4A, 25-26)

**Part 2 FOR USE BY AREA MEET DIRECTOR TO INFORM REGIONAL MEET DIRECTOR OF**: **ADD**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_ /\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Athlete Being **ADDED** Event Place /Time or Distance at Area

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_

School Coach Grade Level

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ /\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Area Meet Director’s Signature/Phone

**----------------------------------------------------------------------------------------------------------------------------**

**Date and Time Submitted to Regional Meet Director**: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**-----------------------------------------------------------------------------------------------------------**

***For Use by the Regional Meet Director***

***Date/Time Substitution Received: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Confirmation Sent: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

***Response:***

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**Entry Fees for the 2025 Regional T&F Meet**

**UIL Regional T&F Meet - Region IV Conference 2A & Conference 4A**

**The Area Meet Directors are responsible for the entry fee payment from each area meet.**

**These fees will help cover the costs of conducting the meet.**

**Entry Fees are based on the Area T&F Meet results sent to TAMU-Kingsville.**

**Individual schools DO NOT send their school’s entry fees to TAMU-Kingsville.**

**------------------------------------------------------------------------------------------------------------------**

**Individual Events - $25.00 per individual athlete / per event**

**14 Individual Events**

8 Individual entries in each event (4 Girls + 4 Boys entries from each Area Meet)

14 x 8 = 112 Total Individual Entries

112 entries x $25.00 each = $2800.00

**Relay Events – $80.00 per relay team**

**3 Relay Events**

24 total relay team entries (12 girls relay teams + 12 boys relay teams from each Area Meet)

24 x $80.00 = $1920.00

**-----------------------------------------------------------------------------------------------------------------**

**Totals:**

$ 2800.00 – Individual Events

+ $ 1920.00 – Relay Events

**$ 4720.00 - Due from each Area Meet**

**CHECKS MAILED TO:**

**TEXAS A&M UNIVERSITY – KINGSVILLE**

**ATHLETIC DEPARTMENT**

**ATTN: CALEB JOHNSON, ASSISTANT ATHLETIC DIRECTOR**

**700 UNIVERSITY BLVD, MSC 202**

**KINGSVILLE, TX 78363**

***Make checks payable to: Texas A&M University-Kingsville***

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**TEXAS A&M UNIVERSITY-KINGSVILLE**

**JAVELINA STADIUM**

**TRACK MARKINGS**

**STARTING LINES** **COLOR**

100 meters……………………………………….White

110 Hurdles ……………………………………..White

200 meters ………………………………………White

300 Hurdles ……………………………………. White

400 meters ………………………………………Yellow

800 meters ………………………………………White

1500/1600/3000 sc /3200/5000 meters………White (Waterfall)

800 meter relay …………………………………Green

1600 meter relay ………………………………..Blue

Finish Line ……………………………………….White

Break Line ……………………………………….Green

**NCAA RELAY EXCHANGE ZONES**

**Large Arrows = Exchange Area Beginning & Exchange Area Ending**

400 meter Relay ……………………………….(Curve 1,2,3) - Yellow

1600 meter Relay ………………………………Blue

**UIL HIGH SCHOOL RELAY EXCHANGE ZONES**

**Large Arrows = Exchange Area Beginning & Exchange Area Ending**

400 meter Relay ……………………………….(Curve 1,2,3) - Yellow

800 meter Relay ……………………………….(Curve 1,2) - Green

(Curve 3) – Yellow

1600 meter Relay ………………………………Blue

**HURDLE LOCATIONS**

100 meter HH (Women) ………………………Yellow

110 meter HH (Men)………………………….. Blue

300 meter LH/IH (Women/Men) ……………. White

400 meter Hurdles …………………………….Green

Steeplechase Barriers…………………………Black

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**MEDIA INFORMATION**

Members of the media need to be presented their credentials at the ticket booth entrance gate, East Side of JavelinaStadium, for entry into the stadium.

We do not issue media credentials for the UIL Regional T&F Meet.

Media will be allowed in the infield by credential only and must confine themselves within the “media boundary lines” of the football field and the track venues.

**Display Media Credentials at all times**.

Livestreams during the postseason requires approval from UIL.

Information contact the UIL Media Department: [pr@uiltexas.org](mailto:pr@uiltexas.org) 512-471-5883

Photographers may shoot all events, giving consideration to the safety of both participants and officials.

During sprints and hurdle races, photographers may shoot the finish as long as they provide

a minimum of 50 meters cushion.

Photographers will not be allowed in the shot or discus sectors.

Meet administrators and officials retain final determination of photographer placement

at all events. Media outlets should consult with event administrators and officials on photographer placement at each venue.

Officials reserve the right to remove anyone if causing a disturbance.

For any specific needs contact David Brock, 361/246-7184, [david.brock@tamuk.edu](mailto:david.brock@tamuk.edu)

Mason Anderson, Assistant Director Athletic Communications,

Texas A&M University-Kingsville**.** mason.anderson@tamuk.edu

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**REGIONAL TRACK & FIELD MEET RECORDS- UIL REGION IV CONFERENCE 4A**

**GIRLS** **YEAR** **ATHLETE**

Pole Vault - 14-02.00 2023 Alencia Lentz, Comal Canyon Lake

Triple Jump - 43-01.00 2001 Ychlindria Spears, Luling

Discus Throw - 160-06.00 2019 Abigail Flores, Rio Grande City Grulla

High Jump - 5-10.00 2023 Kendall Lemm, Boerne

Long Jump - 22-02.50 2000 Ychlindria Spears, Luling

Shot Put - 45-11.50 2015 Daniella Murchison, Port Isabel

3200 Meter Run - 10:45.53 2024 Cadence Patterson, Comal Canyon Lake

100 Meter Dash - 11.62 2016 Virginia Kerley, Taylor

200 Meter Dash - 23.85 2016 Virginia Kerley, Taylor

400 Meter Dash - 55.18 2024 Ashtyn Lewis, Iowa Colony

800 Meter Run - 2:15.14 2024 Annabelle Williams, Sealy

1600 Meter Run - 5:00.54 2024 Cadence Patterson, Comal Canyon Lake

100 Meter Hurdles - 14.01 1987 Rosa Baker, Elgin

300 Meter Hurdles - 44.03 2011 Abby Sheppard, Cuero

4 x 100 Meter Relay - 47.43 2023 Royal H.S.

4 x 200 Meter Relay - 1:41.39 2024 Iowa Colony H.S.

4 x 400 Meter Relay - 3:54.31 2024 Iowa Colony H.S.

**BOYS**   **YEAR** **ATHLETE**

Pole Vault - 17-00.00 1985 Chris Bohannan, Bishop

Triple Jump - 49-01.25 1998 Randy Hymes, Hitchcock

Discus Throw - 185-05.00 2002 Jacob Rodriguez, Taft

High Jump - 7-00.25 1983 James Lott, Refugio

Long Jump - 24-09.75 2024 Bradley Lowman, Stafford

Shot Put - 62-07.50 1975 George Woodward, Van Vleck

3200 Meter Run - 9:10.32 1990 Ricky Gallegos, Crystal City

100 Meter Dash - 10.40 2019 Ryan Martin, Stafford

200 Meter Dash - 21.12 1993 Lance Kopper, San Antonio West

400 Meter Dash - 47.35 1986 Percy Waddle, Columbus

800 Meter Run - 1:54.23 2010 Brandon Lacy, Lytle

1600 Meter Run - 4:16.32 1991 Ricky Gallegos, Crystal City

110 Meter Hurdles - 13.45 1983 Ray Hutchinson, Refugio

300 Meter Hurdles - 37.20 1991 Travis Droupy, Cuero

4 x 100 Meter Relay - 41.00 1986 Columbus H.S.

4 x 200 Meter Relay - 1:27.29 2024 Iowa Colony H.S.

4 x 400 Meter Relay - 3:17.30 1985 Cuero H.S.

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**REGIONAL TRACK & FIELD MEET RECORDS - UIL REGION IV CONFERENCE 2A**

**GIRLS YEAR ATHLETE**

Pole Vault - 12-06.00 2022 Ella Strickland, Junction

Triple Jump - 38-01.00 2012 Khadijah Carter, Goodrich

Discus Throw - 145.09.00 2024 Bethany Preusse, Thorndale

High Jump - 5-06.00 2017 & 2018 - Zoe Spinn, Holland

* 5-06.00 2019 Jai’lin King, Refugio
* 5-06.00 2024 Meredith Magliolo, Schulenburg

Long Jump - 19-08.00 2021 Jai’lin King, Refugio

Shot Put - 41-10.50 2024 Cayla Albers, Falls City

3200 Run - 11:38.48 2022 Cassidy Bilsing, Normangee

100 Meter Dash - 11.99 2023 Peyton Oliver, Refugio

200 Meter Dash - 25.48 2011 Brandalyn Williams, Snook

400 Meter Dash - 56.00 2012 Shakera Barnes, Snook

800 Meter Run - 2:20.16 2024 Rylie Hillis, Goldthwaite

1600 Meter Run - 5:17.14 2024 Kaycei Salazar, La Villa

100 Meter Hurdles - 14.50 2017 Camille Messer, Milano

300 Meter Hurdles - 43.83 2024 Lainey Jernigan, Goldthwaite

4 x 100 Meter Relay - 48.05 2024 Refugio H.S.

4x200 Meter Relay - 1:41.76 2024 Refugio H.S.

4x400 Meter Relay - 4:00.30 2024 Goldthwaite H.S.

**BOYS YEAR ATHLETE**

Pole Vault - 16-08.00 2021 Anthony Meacham, Woodsboro

Triple Jump - 47-03.50 2021 Michael Herzog, Thorndale

Discus Throw - 178-08.00 2019 Corey Preusse, Thorndale

High Jump - 6-05.00 2015 Garrett Drake, Granger

6-05.00 2017 Wesley Stolte, Thrall

Long Jump - 23-08.75 2023 Dalton Brooks, Shiner

Shot Put - 57-05.00 2019 Garrett Burns, Woodsboro

3200 Meter Run - 9:29.95 2021 Abraham Morales, Brackettville

100 Meter Dash - 10.26 2023 Ernest Campbell, Refugio

200 Meter Dash - 21.63 2024 Ernest Campbell, Refugio

400 Meter Dash - 48.74 2013 Evel Jones, Shiner

800 Meter Run - 1:57.97 2017 Mikel Escobar, Ben Bolt

1600 Meter Run - 4:29.85 2021 Abraham Morales, Brackettville

110 Meter Hurdles - 14.67 2019 Kyle Lumpkins, Junction

300 Meter Hurdles - 39.40 2019 Devonte Jones, Milano

4x100 Meter Relay - 42.10 2024 Refugio H.S.

4x200 Meter Relay - 1:28.14 2022 Refugio H.S.

4x400 Meter Relay - 3:22.20 2024 Refugio H.S

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